WOLF/WEBELOS ABILITIES AWARENESS ADVENTURES



Wolf Elective Adventure: Cubs Who Care

- 1. With the members of your den, visit with a person who has a physical disability.
- 2. Do four of the following:
- a. With other members of your den, try using a wheelchair or crutches, and reflect on the process.
- b. Learn about a sport that has been adapted so that people in wheelchairs or with some other physical disability can play, and tell your den about it.
- c. Learn about "invisible" disabilities. Take part in an activity that helps develop an understanding of invisible disabilities.
- d. With your den, try doing three of the following things while wearing gloves or mittens:
 - i. Tying your shoes
 - ii. Using a fork to pick up food
 - iii. Playing a card game
 - iv. Playing a video game
 - v. Playing checkers or another board game
 - vi. Blowing bubbles
- e. Paint a picture two different ways: Paint it once the way you usually would paint it and then again by using a blindfold. Discuss with your den the ways the process was different.
- f. Demonstrate a simple sentence or at least four points of the Scout Law using American Sign Language.
- g. Learn about someone famous who has or had a disability, and share that person's story with your den
- h. Attend an event where people with disabilities are participants or where accommodations for people with disabilities are made a part of the event.



Webelos/AOL Elective Adventure: Aware and Care

Do all of these:

- 1. Develop an awareness of the challenges of the blind through participation in an activity that simulates blindness.
- 2. Participate in an activity that simulates severe visual impairment, but not blindness.
- 3. Participate in an activity that simulates the challenges of being deaf or hard of hearing.
- 4. Engage in an activity that simulates mobility impairment.
- 5. Take part in an activity that simulates dexterity impairment.
- 6. With your den, participate in an activity that focuses on the acceptance of differences in general.
- 7. Do two of the following:
- a. Do a Good Turn for residents at a skilled nursing facility or retirement community.
- b. Invite an individual with a disability to visit your den, and discuss what activities he or she currently finds challenging or found challenging in the past.
- c. Attend a disabilities event such as a Special Olympics competition, an adaptive sports event, a performance with sign language interpretation, or an activity with service dogs. Tell your den what you thought about the experience.
- d. Talk to someone who works with people who have disabilities. Ask what that person does and how he or she helps people with disabilities.
- e. Using American Sign Language, sign the Scout Oath.
- f. With the help of an adult, contact a service dog organization, and learn the entire process from pup training to assignment to a client.
- g. Participate in a service project that focuses on a specific disability.
- h. Participate in an activity with an organization whose members are disabled